

Valid from 17.06.2019

UT= Unloading time LT= Loading time

Distance covered	Train nr.	Location		Week 25		Mon 17.June		Tue 18.June		Wed 19.June		Thu 20.June		Fri 21.June		Sat 22.June		Sun 23.June		Notes				
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT					
N o r d l a n d	5799	Brattøra	Mosjøen																					
	5735	Alnabru	Mo i Rana	Mon	21:50	Tue	16:30	Tue	21:50	Wed	16:30	Wed	21:50	Thu	16:30	Thu	21:50	Fri	16:30					
	5737	Alnabru	Mo i Rana																					
	5735	Alnabru	Fauske	Mon	21:50	Tue	19:30	Tue	21:50	Wed	19:30	Wed	21:50	Thu	19:30	Thu	21:50	Fri	19:30	Fri	21:50	Sat	19:15	
	5737	Alnabru	Fauske																					
	5735	Alnabru	Bodø	Mon	21:50	Tue	20:15	Tue	21:50	Wed	20:15	Wed	21:50	Thu	20:15	Thu	21:50	Fri	20:15	Fri	21:50	Sat	20:15	
	5737	Alnabru	Bodø																					
	5791	Brattøra	Mo i Rana	Mon	19:00	Tue	04:30	Tue	19:00	Wed	04:30	Wed	19:00	Thu	04:30	Thu	19:00	Fri	04:30	Fri	19:00	Sun	13:30	
	5799	Brattøra	Mo i Rana																					
	5791	Brattøra	Fauske	Mon	19:00	Tue	07:10	Tue	19:00	Wed	07:10	Wed	19:00	Thu	07:10	Thu	19:00	Fri	07:10	Fri	19:00	Sat	07:10	
	5791	Brattøra	Bodø	Mon	19:00	Tue	07:50																	
	5795	Brattøra	Bodø	Mon	23:30	Tue	20:15	Tue	23:30	Wed	20:15	Wed	23:30	Thu	20:15	Thu	23:30	Fri	20:15					
	5797	Brattøra	Bodø																					
	5794	Bodø	Alnabru	Mon	21:30	Tue	20:00	Tue	21:30	Wed	20:00	Wed	21:30	Thu	20:00	Thu	21:30	Fri	20:00	Fri	21:30	Sun	06:00	
	5798	Bodø	Alnabru																					
	5790	Bodø	Brattøra	Mon	08:00	Mon	22:30				Wed	08:45	Wed	22:30	Thu	08:45	Thu	22:30	Fri	08:45	Fri	22:30		5792 on Mondays
	5794	Bodø	Brattøra	Mon	21:30	Tue	10:40	Tue	21:30	Wed	10:40	Wed	21:30	Thu	10:40	Thu	21:30	Fri	10:40	Fri	21:30	Mon	01:00	
	5794	Fauske	Alnabru	Mon	22:15	Tue	20:00	Tue	22:15	Wed	20:00	Wed	22:15	Thu	20:00	Thu	22:15	Fri	20:00	Fri	22:15	Sun	06:00	
	5798	Fauske	Alnabru																					
	5790	Fauske	Brattøra	Mon	09:30	Mon	22:30	Tue	09:30	Tue	22:30	Wed	09:30	Wed	22:30	Thu	09:30	Thu	22:30	Fri	09:30	Fri	22:30	5792 on Mondays
	5794	Mo i Rana	Alnabru																					
	5790	Mo i Rana	Brattøra	Mon	13:00	Mon	22:30	Tue	13:00	Tue	22:30	Wed	13:00	Wed	22:30	Thu	13:00	Thu	22:30	Fri	13:00	Fri	22:30	5792 on Mondays
	5790	Mosjøen	Brattøra	Mon	15:00	Mon	22:30																	5792 on Mondays
Distance covered	Train nr.	Location		Week 26		Mon 24.June		Tue 25.June		Wed 26.June		Thu 27.June		Fri 28.June		Sat 29.June		Sun 30.June		Notes				
N o r d l a n d	5799	Brattøra	Mosjøen																					
	5735	Alnabru	Mo i Rana	Mon	21:50	Tue	16:30	Tue	21:50	Wed	16:30	Wed	21:50	Thu	16:30	Thu	21:50	Fri	16:30					
	5737	Alnabru	Mo i Rana																					
	5735	Alnabru	Fauske	Mon	21:50	Tue	19:30	Tue	21:50	Wed	19:30	Wed	21:50	Thu	19:30	Thu	21:50	Fri	19:30	Fri	21:50	Sat	19:15	
	5737	Alnabru	Fauske																					
	5735	Alnabru	Bodø	Mon	21:50	Tue	20:15	Tue	21:50	Wed	20:15	Wed	21:50	Thu	20:15	Thu	21:50	Fri	20:15	Fri	21:50	Sat	20:15	
	5737	Alnabru	Bodø																					
	5791	Brattøra	Mo i Rana	Mon	19:00	Tue	04:30	Tue	19:00	Wed	04:30	Wed	19:00	Thu	04:30	Thu	19:00	Fri	04:30	Fri	19:00	Sun	13:30	
	5799	Brattøra	Mo i Rana																					
	5791	Brattøra	Fauske	Mon	19:00	Tue	07:10	Tue	19:00	Wed	07:10	Wed	19:00	Thu	07:10	Thu	19:00	Fri	07:10	Fri	19:00	Sat	07:10	
	5791	Brattøra	Bodø	Mon	19:00	Tue	07:50	Tue	19:00	Wed	07:50	Wed	19:00	Thu	07:50	Thu	19:00	Fri	07:50	Fri	19:00	Sat	07:50	
	5795	Brattøra	Bodø	Mon	23:30	Tue	20:15	Tue	23:30	Wed	20:15	Wed	23:30	Thu	20:15	Thu	23:30	Fri	20:15					
	5797	Brattøra	Bodø																					
	5794	Bodø	Alnabru	Mon	21:30	Tue	20:00	Tue	21:30	Wed	20:00	Wed	21:30	Thu	20:00	Thu	21:30	Fri	20:00	Fri	21:30	Sun	06:00	
	5798	Bodø	Alnabru																					
	5790	Bodø	Brattøra	Mon	08:00	Mon	22:30	Tue	08:45	Tue	22:30	Wed	08:45	Wed	22:30	Thu	08:45	Thu	22:30	Fri	08:45	Fri	22:30	5792 on Mondays
	5794	Bodø	Brattøra	Mon	21:30	Tue	10:40	Tue	21:30	Wed	10:40	Wed	21:30	Thu	10:40	Thu	21:30	Fri	10:40	Fri	21:30	Mon	01:00	
	5794	Fauske	Alnabru	Mon	22:15	Tue	20:00	Tue	22:15	Wed	20:00	Wed	22:15	Thu	20:00	Thu	22:15	Fri	20:00	Fri	22:15	Sun	06:00	
	5798	Fauske	Alnabru																					
	5790	Fauske	Brattøra	Mon	09:30	Mon	22:30	Tue	09:30	Tue	22:30	Wed	09:30	Wed	22:30	Thu	09:30	Thu	22:30	Fri	09:30	Fri	22:30	5792 on Mondays
	5794	Mo i Rana	Alnabru																					
	5790	Mo i Rana	Brattøra	Mon	13:00	Mon	22:30	Tue	13:00	Tue	22:30	Wed	13:00	Wed	22:30	Thu	13:00	Thu	22:30	Fri	13:00	Fri	22:30	5792 on Mondays
	5790	Mosjøen	Brattøra	Mon	15:00	Mon	22:30																	5792 on Mondays

Distance covered	Train nr.	Location		Week 27		Mon 01.July		Tue 02.July		Wed 03.July		Thu 04.July		Fri 05.July		Sat 06.July		Sun 07.July		Notes			
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT				
N o r d l a n d	5799	Brattøra	Mosjøen																				
	5735	Alnabru	Mo i Rana	Mon	21:50	Tue	16:30	Tue	21:50	Wed	16:30	Wed	21:50	Thu	16:30								
	5737	Alnabru	Mo i Rana														Sat	12:00	Sun	16:30			
	5735	Alnabru	Fauske	Mon	21:50	Tue	19:30	Tue	21:50	Wed	19:30	Wed	21:50	Thu	19:30		Fri	21:50	Sat	19:15			
	5737	Alnabru	Fauske															Sat	12:00	Sun	19:15		
	5735	Alnabru	Bode	Mon	21:50	Tue	20:15	Tue	21:50	Wed	20:15	Wed	21:50	Thu	20:15		Fri	21:50	Sat	20:15			
	5737	Alnabru	Bode															Sat	12:00	Sun	20:15		
	5791	Brattøra	Mo i Rana	Mon	19:00	Tue	04:30	Tue	19:00	Wed	04:30	Wed	19:00	Thu	04:30	Thu	19:00	Fri	04:30	Fri	19:00	Sun	13:30
	5799	Brattøra	Mo i Rana															Fri	23:30	Sun	16:30		
	5791	Brattøra	Fauske	Mon	19:00	Tue	07:10	Tue	19:00	Wed	07:10	Wed	19:00	Thu	07:10	Thu	19:00	Fri	07:10	Fri	19:00	Sat	07:10
	5791	Brattøra	Bode	Mon	19:00	Tue	07:50	Tue	19:00	Wed	07:50	Wed	19:00	Thu	07:50	Thu	19:00	Fri	07:50	Fri	19:00	Sat	07:50
	5795	Brattøra	Bode	Mon	23:30	Tue	20:15	Tue	23:30	Wed	20:15	Wed	23:30	Thu	20:15	Thu	23:30	Fri	20:15				
	5797	Brattøra	Bode															Fri	23:30	Sat	20:15		
	5794	Bode	Alnabru	Mon	21:30	Tue	20:00	Tue	21:30	Wed	20:00	Wed	21:30	Thu	20:00	Thu	21:30	Fri	20:00				
	5798	Bode	Alnabru																Sat	17:00	Sun	15:00	
	5790	Bode	Brattøra	Mon	08:00	Mon	22:30	Tue	08:45	Tue	22:30	Wed	08:45	Wed	22:30	Thu	08:45	Thu	22:30	Fri	08:45	Fri	22:30
	5794	Bode	Brattøra	Mon	21:30	Tue	10:40	Tue	21:30	Wed	10:40	Wed	21:30	Thu	10:40	Thu	21:30	Fri	10:40				5792 on Mondays
	5794	Fauske	Alnabru	Mon	22:15	Tue	20:00	Tue	22:15	Wed	20:00	Wed	22:15	Thu	20:00	Thu	22:15	Fri	20:00				
	5798	Fauske	Alnabru																Sat	17:30	Sun	15:00	
	5790	Fauske	Brattøra	Mon	09:30	Mon	22:30	Tue	09:30	Tue	22:30	Wed	09:30	Wed	22:30	Thu	09:30	Thu	22:30	Fri	09:30	Fri	22:30
5794	Mo i Rana	Alnabru				Tue	01:00	Tue	20:00	Wed	01:00	Wed	20:00	Thu	01:00	Thu	20:00	Fri	01:00	Fri	20:00		
5790	Mo i Rana	Brattøra	Mon	13:00	Mon	22:30	Tue	13:00	Tue	22:30	Wed	13:00	Wed	22:30	Thu	13:00	Thu	22:30	Fri	13:00	Fri	22:30	
5790	Mosjøen	Brattøra	Mon	15:00	Mon	22:30																5792 on Mondays	
Distance covered	Train nr.	Location		Week 28		Mon 08.July		Tue 09.July		Wed 10.July		Thu 11.July		Fri 12.July		Sat 13.July		Sun 14.July		Notes			
N o r d l a n d	5799	Brattøra	Mosjøen																				
	5735	Alnabru	Mo i Rana	Mon	21:50	Tue	16:30	Tue	21:50	Wed	16:30	Wed	21:50	Thu	16:30								
	5737	Alnabru	Mo i Rana														Sat	12:00	Sun	16:30			
	5735	Alnabru	Fauske	Mon	21:50	Tue	19:30	Tue	21:50	Wed	19:30	Wed	21:50	Thu	19:30		Fri	21:50	Sat	19:15			
	5737	Alnabru	Fauske															Sat	12:00	Sun	19:15		
	5735	Alnabru	Bode	Mon	21:50	Tue	20:15	Tue	21:50	Wed	20:15	Wed	21:50	Thu	20:15		Fri	21:50	Sat	20:15			
	5737	Alnabru	Bode															Sat	12:00	Sun	20:15		
	5791	Brattøra	Mo i Rana	Mon	19:00	Tue	04:30	Tue	19:00	Wed	04:30	Wed	19:00	Thu	04:30	Thu	19:00	Fri	04:30	Fri	19:00	Sun	13:30
	5799	Brattøra	Mo i Rana															Fri	23:30	Sun	16:30		
	5791	Brattøra	Fauske	Mon	19:00	Tue	07:10	Tue	19:00	Wed	07:10	Wed	19:00	Thu	07:10	Thu	19:00	Fri	07:10	Fri	19:00	Sat	07:10
	5791	Brattøra	Bode	Mon	19:00	Tue	07:50	Tue	19:00	Wed	07:50	Wed	19:00	Thu	07:50	Thu	19:00	Fri	07:50	Fri	19:00	Sat	07:50
	5795	Brattøra	Bode	Mon	23:30	Tue	20:15	Tue	23:30	Wed	20:15	Wed	23:30	Thu	20:15	Thu	23:30	Fri	20:15				
	5797	Brattøra	Bode															Fri	23:30	Sat	20:15		
	5794	Bode	Alnabru	Mon	21:30	Tue	20:00	Tue	21:30	Wed	20:00	Wed	21:30	Thu	20:00	Thu	21:30	Fri	20:00				
	5798	Bode	Alnabru																Sat	17:00	Sun	15:00	
	5790	Bode	Brattøra	Mon	08:00	Mon	22:30	Tue	08:45	Tue	22:30	Wed	08:45	Wed	22:30	Thu	08:45	Thu	22:30	Fri	08:45	Fri	22:30
	5794	Bode	Brattøra	Mon	21:30	Tue	10:40	Tue	21:30	Wed	10:40	Wed	21:30	Thu	10:40	Thu	21:30	Fri	10:40				5792 on Mondays
	5794	Fauske	Alnabru	Mon	22:15	Tue	20:00	Tue	22:15	Wed	20:00	Wed	22:15	Thu	20:00	Thu	22:15	Fri	20:00				
	5798	Fauske	Alnabru																Sat	17:30	Sun	15:00	
	5790	Fauske	Brattøra	Mon	09:30	Mon	22:30	Tue	09:30	Tue	22:30	Wed	09:30	Wed	22:30	Thu	09:30	Thu	22:30	Fri	09:30	Fri	22:30
5794	Mo i Rana	Alnabru				Tue	01:00	Tue	20:00	Wed	01:00	Wed	20:00	Thu	01:00	Thu	20:00	Fri	01:00	Fri	20:00		
5790	Mo i Rana	Brattøra	Mon	13:00	Mon	22:30	Tue	13:00	Tue	22:30	Wed	13:00	Wed	22:30	Thu	13:00	Thu	22:30	Fri	13:00	Fri	22:30	
5790	Mosjøen	Brattøra	Mon	15:00	Mon	22:30																5792 on Mondays	





Distance covered	Train nr.	Location		Week 33		Mon 12.august		Tue 13.august		Wed 14.august		Thu 15.august		Fri 16.august		Sat 17.august		Sun 18.august		Notes			
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT				
N o r d l a n d	5799	Brattøra	Mosjøen																				
	5735	Alnabru	Mo i Rana	Mon	21:50	Tue	16:30			Wed	21:50	Thu	16:30										
	5737	Alnabru	Mo i Rana														Sat	12:00	Sun	16:30			
	5735	Alnabru	Fauske	Mon	21:50	Tue	19:30			Wed	21:50	Thu	19:30			Fri	21:50	Sat	19:15				
	5737	Alnabru	Fauske														Sat	12:00	Sun	19:15			
	5735	Alnabru	Bodø	Mon	21:50	Tue	20:15			Wed	21:50	Thu	20:15			Fri	21:50	Sat	20:15				
	5737	Alnabru	Bodø														Sat	12:00	Sun	20:15			
	5791	Brattøra	Mo i Rana	Mon	19:00	Tue	04:30	Tue	19:00	Wed	04:30	Wed	19:00	Thu	04:30	Thu	19:00	Fri	04:30	Fri	19:00	Sun	13:30
	5799	Brattøra	Mo i Rana														Fri	23:30	Sun	16:30			
	5791	Brattøra	Fauske	Mon	19:00	Tue	07:10	Tue	19:00	Wed	07:10	Wed	19:00	Thu	07:10	Thu	19:00	Fri	07:10	Fri	19:00	Sat	07:10
	5791	Brattøra	Bodø	Mon	19:00	Tue	07:50	Tue	19:00	Wed	07:50	Wed	19:00	Thu	07:50	Thu	19:00	Fri	07:50	Fri	19:00	Sat	07:50
	5795	Brattøra	Bodø	Mon	23:30	Tue	20:15	Tue	23:30	Wed	20:15	Wed	23:30	Thu	20:15	Thu	23:30	Fri	20:15				
	5797	Brattøra	Bodø														Fri	23:30	Sat	20:15			
	5794	Bodø	Alnabru	Mon	21:30	Tue	20:00				Wed	21:30	Thu	20:00	Thu	21:30	Fri	20:00					
	5798	Bodø	Alnabru															Sat	17:00	Sun	15:00		
	5790	Bodø	Brattøra	Mon	08:00	Mon	22:30	Tue	08:45	Tue	22:30	Wed	08:45	Wed	22:30	Thu	08:45	Thu	22:30	Fri	08:45	Fri	22:30
	5794	Bodø	Brattøra	Mon	21:30	Tue	10:40				Wed	21:30	Thu	10:40	Thu	21:30	Fri	10:40					5792 on Mondays
	5794	Fauske	Alnabru	Mon	22:15	Tue	20:00				Wed	22:15	Thu	20:00	Thu	22:15	Fri	20:00					
	5798	Fauske	Alnabru															Sat	17:30	Sun	15:00		
	5790	Fauske	Brattøra	Mon	09:30	Mon	22:30	Tue	09:30	Tue	22:30	Wed	09:30	Wed	22:30	Thu	09:30	Thu	22:30	Fri	09:30	Fri	22:30
5794	Mo i Rana	Alnabru					Tue	01:00	Tue	20:00					Thu	01:00	Thu	20:00	Fri	01:00	Fri	20:00	
5790	Mo i Rana	Brattøra	Mon	13:00	Mon	22:30	Tue	13:00	Tue	22:30	Wed	13:00	Wed	22:30	Thu	13:00	Thu	22:30	Fri	13:00	Fri	22:30	
5790	Mosjøen	Brattøra	Mon	15:00	Mon	22:30																5792 on Mondays	
Distance covered	Train nr.	Location		Week 34		Mon 19.august		Tue 20.august		Wed 21.august		Thu 22.august		Fri 23.august		Sat 24.august		Sun 25.august		Notes			
N o r d l a n d	5799	Brattøra	Mosjøen																				
	5735	Alnabru	Mo i Rana	Mon	21:50	Tue	16:30			Wed	21:50	Thu	16:30										
	5737	Alnabru	Mo i Rana													Sat	12:00	Sun	16:30				
	5735	Alnabru	Fauske	Mon	21:50	Tue	19:30			Wed	21:50	Thu	19:30			Fri	21:50	Sat	19:15				
	5737	Alnabru	Fauske													Sat	12:00	Sun	19:15				
	5735	Alnabru	Bodø	Mon	21:50	Tue	20:15			Wed	21:50	Thu	20:15			Fri	21:50	Sat	20:15				
	5737	Alnabru	Bodø													Sat	12:00	Sun	20:15				
	5791	Brattøra	Mo i Rana	Mon	19:00	Tue	04:30	Tue	19:00	Wed	04:30	Wed	19:00	Thu	04:30	Thu	19:00	Fri	04:30	Fri	19:00	Sun	13:30
	5799	Brattøra	Mo i Rana														Fri	23:30	Sun	16:30			
	5791	Brattøra	Fauske	Mon	19:00	Tue	07:10	Tue	19:00	Wed	07:10	Wed	19:00	Thu	07:10	Thu	19:00	Fri	07:10	Fri	19:00	Sat	07:10
	5791	Brattøra	Bodø	Mon	19:00	Tue	07:50	Tue	19:00	Wed	07:50	Wed	19:00	Thu	07:50	Thu	19:00	Fri	07:50	Fri	19:00	Sat	07:50
	5795	Brattøra	Bodø	Mon	23:30	Tue	20:15	Tue	23:30	Wed	20:15	Wed	23:30	Thu	20:15	Thu	23:30	Fri	20:15				
	5797	Brattøra	Bodø														Fri	23:30	Sat	20:15			
	5794	Bodø	Alnabru	Mon	21:30	Tue	20:00				Wed	21:30	Thu	20:00	Thu	21:30	Fri	20:00					
	5798	Bodø	Alnabru														Sat	17:00	Sun	15:00			
	5790	Bodø	Brattøra	Mon	08:00	Mon	22:30	Tue	08:45	Tue	22:30	Wed	08:45	Wed	22:30	Thu	08:45	Thu	22:30	Fri	08:45	Fri	22:30
	5794	Bodø	Brattøra	Mon	21:30	Tue	10:40				Wed	21:30	Thu	10:40	Thu	21:30	Fri	10:40					5792 on Mondays
	5794	Fauske	Alnabru	Mon	22:15	Tue	20:00				Wed	22:15	Thu	20:00	Thu	22:15	Fri	20:00					
	5798	Fauske	Alnabru														Sat	17:30	Sun	15:00			
	5790	Fauske	Brattøra	Mon	09:30	Mon	22:30	Tue	09:30	Tue	22:30	Wed	09:30	Wed	22:30	Thu	09:30	Thu	22:30	Fri	09:30	Fri	22:30
5794	Mo i Rana	Alnabru					Tue	01:00	Tue	20:00					Thu	01:00	Thu	20:00	Fri	01:00	Fri	20:00	
5790	Mo i Rana	Brattøra	Mon	13:00	Mon	22:30	Tue	13:00	Tue	22:30	Wed	13:00	Wed	22:30	Thu	13:00	Thu	22:30	Fri	13:00	Fri	22:30	
5790	Mosjøen	Brattøra	Mon	15:00	Mon	22:30																5792 on Mondays	

