

Valid from 17.06.2019

UT= Unloading time

LT= Loading time

Distance covered	Train nr.	Location		Week 25		Mon 17.June		Tue 18.June		Wed 19.June		Thu 20.June		Fri 21.June		Sat 22.June		Sun 23.June		Notes
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	
Sørland	5805	Alnabru	Kristiansand	Mon 18:00	Tue 01:30	Tue 18:00	Wed 01:30	Wed 18:00	Thu 01:30	Thu 18:00	Fri 01:30									
	5821	Alnabru	Kristiansand																	
	5805	Alnabru	Stavanger	Mon 18:00	Tue 05:00	Tue 18:00	Wed 05:00	Wed 18:00	Thu 05:00	Thu 18:00	Fri 05:00									
	5811	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00					Sun 12:00	Mon 06:00	
	5821	Alnabru	Stavanger																	
	5814	Kristiansand	Alnabru	Mon 21:00	Tue 05:15	Tue 21:00	Wed 05:15	Wed 21:00	Thu 05:15	Thu 21:00	Fri 05:15	Fri 21:00	Sat 05:15							
	5814	Stavanger	Alnabru	Mon 17:45	Tue 05:15	Tue 17:45	Wed 05:15	Wed 17:45	Thu 05:15	Thu 17:45	Fri 05:15	Fri 17:45	Sat 05:15							
	5804	Stavanger	Alnabru	Mon 10:00	Tue 05:00	Tue 10:00	Wed 05:00	Wed 10:00	Thu 05:00	Thu 10:00	Fri 05:00	Fri 10:00	Sat 05:00							
	5820	Stavanger	Alnabru													Sat 10:30	Mon 05:00			

Distance covered	Train nr.	Location		Week 26		Mon 24.June		Tue 25.June		Wed 26.June		Thu 27.June		Fri 28.June		Sat 29.June		Sun 30.June		Notes
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	
Sørland	5805	Alnabru	Kristiansand																	
	5821	Alnabru	Kristiansand																	
	5805	Alnabru	Stavanger																	
	5811	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00					Sun 12:00	Mon 06:00	
	5821	Alnabru	Stavanger																	
	5814	Kristiansand	Alnabru																	
	5814	Stavanger	Alnabru	Mon 17:45	Tue 05:15	Tue 17:45	Wed 05:15	Wed 17:45	Thu 05:15	Thu 17:45	Fri 05:15	Fri 17:45	Sat 05:15							
	5804	Stavanger	Alnabru																	
	5820	Stavanger	Alnabru													Sat 10:30	Mon 05:00			

Distance covered	Train nr.	Location		Week 27		Mon 01.July		Tue 02.July		Wed 03.July		Thu 04.July		Fri 05.July		Sat 06.July		Sun 07.July		Notes
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	
Sørland	5805	Alnabru	Kristiansand																	
	5821	Alnabru	Kristiansand																	
	5805	Alnabru	Stavanger																	
	5811	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00					Sun 12:00	Mon 06:00	
	5821	Alnabru	Stavanger																	
	5814	Kristiansand	Alnabru																	
	5814	Stavanger	Alnabru	Mon 17:45	Tue 05:15	Tue 17:45	Wed 05:15	Wed 17:45	Thu 05:15	Thu 17:45	Fri 05:15	Fri 17:45	Sat 05:15							
	5804	Stavanger	Alnabru																	
	5820	Stavanger	Alnabru													Sat 10:30	Mon 05:00			

Distance covered	Train nr.	Location		Week 28		Mon 08.July		Tue 09.July		Wed 10.July		Thu 11.July		Fri 12.July		Sat 13.July		Sun 14.July		Notes
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT			
Sørland	5805	Alnabru	Kristiansand																	
	5821	Alnabru	Kristiansand																	
	5805	Alnabru	Stavanger																	
	5811	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00					Sun 12:00	Mon 06:00	
	5821	Alnabru	Stavanger																	
	5814	Kristiansand	Alnabru																	
	5814	Stavanger	Alnabru	Mon 17:45	Tue 05:15	Tue 17:45	Wed 05:15	Wed 17:45	Thu 05:15	Thu 17:45	Fri 05:15	Fri 17:45	Sat 05:15							
	5804	Stavanger	Alnabru																	
5820	Stavanger	Alnabru													Sat 10:30	Mon 05:00				

Distance covered	Train nr.	Location		Week 29		Mon 15.July		Tue 16.July		Wed 17.July		Thu 18.July		Fri 19.July		Sat 20.July		Sun 21.July		Notes
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT			
Sørland	5805	Alnabru	Kristiansand																	
	5821	Alnabru	Kristiansand																	
	5805	Alnabru	Stavanger																	
	5811	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00					Sun 12:00	Mon 06:00	
	5821	Alnabru	Stavanger																	
	5814	Kristiansand	Alnabru																	
	5814	Stavanger	Alnabru	Mon 17:45	Tue 05:15	Tue 17:45	Wed 05:15	Wed 17:45	Thu 05:15	Thu 17:45	Fri 05:15	Fri 17:45	Sat 05:15							
	5804	Stavanger	Alnabru																	
5820	Stavanger	Alnabru													Sat 10:30	Mon 05:00				

Distance covered	Train nr.	Location		Week 30		Mon 22.July		Tue 23.July		Wed 24.July		Thu 25.July		Fri 26.July		Sat 27.July		Sun 28.July		Notes
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT			
Sørland	5805	Alnabru	Kristiansand																	
	5821	Alnabru	Kristiansand																	
	5805	Alnabru	Stavanger																	
	5811	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00					Sun 12:00	Mon 06:00	
	5821	Alnabru	Stavanger																	
	5814	Kristiansand	Alnabru																	
	5814	Stavanger	Alnabru	Mon 17:45	Tue 05:15	Tue 17:45	Wed 05:15	Wed 17:45	Thu 05:15	Thu 17:45	Fri 05:15	Fri 17:45	Sat 05:15							
	5804	Stavanger	Alnabru																	
5820	Stavanger	Alnabru													Sat 10:30	Mon 05:00				

Distance covered	Train nr.	Location		Week 31		Mon 29.July		Tue 30.July		Wed 31.July		Thu 01.august		Fri 02.august		Sat 03.august		Sun 04.august		Notes
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT			
Sørland	5805	Alnabru	Kristiansand																	
	5821	Alnabru	Kristiansand																	
	5805	Alnabru	Stavanger																	
	5811	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00					Sun 12:00	Mon 06:00	
	5821	Alnabru	Stavanger																	
	5814	Kristiansand	Alnabru																	
	5814	Stavanger	Alnabru	Mon 17:45	Tue 05:15	Tue 17:45	Wed 05:15	Wed 17:45	Thu 05:15	Thu 17:45	Fri 05:15	Fri 17:45	Sat 05:15							
	5804	Stavanger	Alnabru																	
5820	Stavanger	Alnabru													Sat 10:30	Mon 05:00				

Distance covered	Train nr.	Location		Week 32		Mon 05.august		Tue 06.august		Wed 07.august		Thu 08.august		Fri 09.august		Sat 10.august		Sun 11.august		Notes
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT			
Sørland	5805	Alnabru	Kristiansand	Mon 18:00	Tue 01:30			Wed 18:00	Thu 01:30											
	5821	Alnabru	Kristiansand																	
	5805	Alnabru	Stavanger	Mon 18:00	Tue 05:00			Wed 18:00	Thu 05:00											
	5811	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00					Sun 12:00	Mon 06:00	
	5821	Alnabru	Stavanger																	
	5814	Kristiansand	Alnabru			Tue 21:00	Wed 05:15			Thu 21:00	Fri 05:15									
	5814	Stavanger	Alnabru	Mon 17:45	Tue 05:15	Tue 17:45	Wed 05:15	Wed 17:45	Thu 05:15	Thu 17:45	Fri 05:15	Fri 17:45	Sat 05:15							
	5804	Stavanger	Alnabru			Tue 10:00	Wed 05:00			Thu 10:00	Fri 05:00									
5820	Stavanger	Alnabru													Sat 10:30	Mon 05:00				

Distance covered	Train nr.	Location		Week 33		Mon 12.august		Tue 13.august		Wed 14.august		Thu 15.august		Fri 16.august		Sat 17.august		Sun 18.august		Notes
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	
Sørland	5805	Alnabru	Kristiansand	Mon 18:00	Tue 01:30					Wed 18:00	Thu 01:30									
	5821	Alnabru	Kristiansand																	
	5805	Alnabru	Stavanger	Mon 18:00	Tue 05:00					Wed 18:00	Thu 05:00									
	5811	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00					Sun 12:00	Mon 06:00	
	5821	Alnabru	Stavanger																	
	5814	Kristiansand	Alnabru			Tue 21:00	Wed 05:15					Thu 21:00	Fri 05:15							
	5814	Stavanger	Alnabru	Mon 17:45	Tue 05:15	Tue 17:45	Wed 05:15	Wed 17:45	Thu 05:15	Thu 17:45	Fri 05:15	Fri 17:45	Sat 05:15							
	5804	Stavanger	Alnabru			Tue 10:00	Wed 05:00					Thu 10:00	Fri 05:00							
	5820	Stavanger	Alnabru													Sat 10:30	Mon 05:00			

Distance covered	Train nr.	Location		Week 34		Mon 19.august		Tue 20.august		Wed 21.august		Thu 22.august		Fri 23.august		Sat 24.august		Sun 25.august		Notes
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	
Sørland	5805	Alnabru	Kristiansand	Mon 18:00	Tue 01:30					Wed 18:00	Thu 01:30									
	5821	Alnabru	Kristiansand																	
	5805	Alnabru	Stavanger	Mon 18:00	Tue 05:00					Wed 18:00	Thu 05:00									
	5811	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00					Sun 12:00	Mon 06:00	
	5821	Alnabru	Stavanger																	
	5814	Kristiansand	Alnabru			Tue 21:00	Wed 05:15					Thu 21:00	Fri 05:15							
	5814	Stavanger	Alnabru	Mon 17:45	Tue 05:15	Tue 17:45	Wed 05:15	Wed 17:45	Thu 05:15	Thu 17:45	Fri 05:15	Fri 17:45	Sat 05:15							
	5804	Stavanger	Alnabru			Tue 10:00	Wed 05:00					Thu 10:00	Fri 05:00							
	5820	Stavanger	Alnabru													Sat 10:30	Mon 05:00			

Distance covered	Train nr.	Location		Week 35		Mon 26. august		Tue 27. august		Wed 28. august		Thu 29. august		Fri 30. august		Sat 31. august		Sun 01. september		Notes
		From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	
Sørland	5805	Alnabru	Kristiansand	Mon 18:00	Tue 01:30					Wed 18:00	Thu 01:30	Thu 18:00	Fri 01:30							
	5821	Alnabru	Kristiansand																Sun 12:00	Mon 01:30
	5805	Alnabru	Stavanger	Mon 18:00	Tue 05:00	Tue 18:00	Wed 05:00	Wed 18:00	Thu 05:00	Thu 18:00	Fri 05:00									
	5811	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00						Sun 12:00	Mon 06:00
	5821	Alnabru	Stavanger																Sun 12:00	Mon 05:00
	5814	Kristiansand	Alnabru	Mon 21:00	Tue 05:15	Tue 21:00	Wed 05:15	Wed 21:00	Thu 05:15	Thu 21:00	Fri 05:15	Fri 21:00	Sat 05:15							
	5814	Stavanger	Alnabru	Mon 17:45	Tue 05:15	Tue 17:45	Wed 05:15	Wed 17:45	Thu 05:15	Thu 17:45	Fri 05:15	Fri 17:45	Sat 05:15							
	5804	Stavanger	Alnabru			Tue 10:00	Wed 05:00	Wed 10:00	Thu 05:00	Thu 10:00	Fri 05:00	Fri 10:00	Sat 05:00							
	5820	Stavanger	Alnabru													Sat 10:30	Mon 05:00			