

## Loading and Unloading 2021

Valid From 13.12.2021

UT= Unloading time      LT= Loading time

Relation Relation	Trainno.	Type	Relation		Mon		Tue		Wed		Thu		Fri		Sat		Sun		Note.
			From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	
Narvik	41914	Standard	Alnabru	Kirunavaara	Mon 17:35	Tue 19:15	Tue 17:35	Wed 19:15	Wed 17:35	Thu 19:15	Thu 17:35	Fri 19:15	Fri 17:35	Sat 19:15					
	41914	Standard	Alnabru	Narvik	Mon 17:35	Tue 22:15	Tue 17:35	Wed 22:15	Wed 17:35	Thu 22:15	Thu 17:35	Fri 22:15	Fri 17:35	Sat 22:15					
	41902	Standard	Alnabru	Narvik	Mon 19:35	Wed 00:45	Tue 19:35	Thu 00:45	Wed 19:35	Fri 00:45	Thu 19:35	Sat 00:45	Fri 19:35	Sun 00:45					
	41932	Standard	Alnabru	Narvik											Sat 12:00	Sun 20:30			
	41919	Standard	Narvik	Alnabru	Mon 21:00	Wed 05:00	Tue 21:00	Thu 05:00	Wed 21:00	Fri 05:00	Thu 21:00	Sat 05:00			Sat 21:00	Mon 05:00			
	41919	Standard	Kirunavaara	Alnabru					Wed 01:45	Thu 05:00	Thu 01:45	Fri 05:00	Fri 01:45	Sat 05:00			Sun 01:45	Mon 05:00	
41905	Standard	Narvik	Alnabru	Mon 23:30	Wed 05:00	Tue 23:30	Thu 05:00	Wed 23:30	Fri 05:00	Thu 23:30	Sat 05:00	Fri 23:30	Sun 07:00						
Trondheim	5731	Standard	Alnabru	Brattøra	Mon 08:50	Mon 19:15	Tue 08:50	Tue 19:15	Wed 08:50	Wed 19:15	Thu 08:50	Thu 19:15	Fri 08:50	Fri 19:15					
	5703	Standard	Alnabru	Brattøra	Mon 19:20	Tue 06:00			Wed 19:20	Thu 06:00									
	5707	Standard	Alnabru	Heimdal	Mon 16:20	Tue 02:00	Tue 16:20	Wed 02:00	Wed 16:20	Thu 02:00	Thu 16:20	Fri 02:00							
	5707	Standard	Alnabru	Brattøra	Mon 16:20	Tue 06:00	Tue 16:20	Wed 06:00	Wed 16:20	Thu 06:00	Thu 16:20	Fri 06:00							
	5709	Extra	Alnabru	Heimdal	Mon 20:15	Tue 06:00	Tue 20:15	Wed 06:00	Wed 20:15	Thu 06:00	Thu 20:15	Fri 06:00	Fri 20:15	Sat 06:00					
	5711	Standard	Alnabru	Trondheim													Sun 09:50	Mon 06:00	
	5719	Standard	Alnabru	Heimdal													Sun 12:00	Mon 06:00	
	5719	Standard	Alnabru	Brattøra													Sun 12:00	Mon 06:45	
	5702	Standard	Brattøra	Alnabru	Mon 08:30	Mon 19:15	Tue 08:30	Tue 19:15	Wed 08:30	Wed 19:15	Thu 08:30	Thu 19:15	Fri 08:30	Fri 19:15					
	5702	Standard	Heimdal	Alnabru	Mon 02:00	Mon 19:15	Tue 02:00	Tue 19:15	Wed 02:00	Wed 19:15	Thu 02:00	Thu 19:15	Fri 02:00	Fri 19:15					
	5704	Standard	Brattøra	Alnabru			Tue 16:30	Wed 05:00			Thu 16:30	Fri 05:00							
	5730	Standard	Brattøra	Alnabru	Mon 22:00	Tue 08:45	Tue 22:00	Wed 08:45	Wed 22:00	Thu 08:45	Thu 22:00	Fri 08:45	Fri 22:00	Sat 08:45					
5714	Standard	Brattøra	Alnabru													Fri 20:00	Mon 08:00		
5708	Extra	Heimdal	Alnabru	Mon 20:20	Tue 05:30	Tue 20:20	Wed 05:30	Wed 20:20	Thu 05:30	Thu 20:20	Fri 05:30	Fri 20:20	Sat 06:15						
N o r d l a n d	5735	Standard	Alnabru	Mo i Rana	Mon 21:50	Tue 16:30	Tue 21:50	Wed 16:30	Wed 21:50	Thu 16:30	Thu 21:50	Fri 16:30							
	5737	Standard	Alnabru	Mo i Rana										Sat 12:00	Sun 16:30				
	5735	Standard	Alnabru	Fauske	Mon 21:50	Tue 19:30	Tue 21:50	Wed 19:30	Wed 21:50	Thu 19:30	Thu 21:50	Fri 19:30	Fri 21:50	Sat 19:30					
	5737	Standard	Alnabru	Fauske										Sat 12:00	Sun 19:15				
	5735	Standard	Alnabru	Bodø	Mon 21:50	Tue 20:15	Tue 21:50	Wed 20:15	Wed 21:50	Thu 20:15	Thu 21:50	Fri 20:15	Fri 21:50	Sat 20:15					
	5737	Standard	Alnabru	Bodø										Sat 12:00	Sun 20:15				
	5791	Standard	Brattøra	Mo i Rana	Mon 19:00	Tue 04:30	Tue 19:00	Wed 04:30	Wed 19:00	Thu 04:30	Thu 19:00	Fri 04:30	Fri 19:00	Sun 13:30					
	5793	Standard	Brattøra	Mo i Rana	Mon 15:45	Tue 00:45	Tue 15:45	Wed 00:45	Wed 15:45	Thu 00:45	Thu 15:45	Fri 00:45				Sat 13:30	Mon 00:45		
	5799	Standard	Brattøra	Mo i Rana									Fri 23:30	Sun 16:30					
	5791	Standard	Brattøra	Fauske	Mon 19:00	Tue 07:10	Tue 19:00	Wed 07:10	Wed 19:00	Thu 07:10	Thu 19:00	Fri 07:10	Fri 19:00	Sat 07:10					
	5793	Standard	Brattøra	Fauske	Mon 15:45	Tue 04:00	Tue 15:45	Wed 04:00	Wed 15:45	Thu 04:00	Thu 15:45	Fri 04:00			Sat 13:30	Mon 04:00			
	5797	Standard	Brattøra	Fauske									Fri 23:30	Sat 19:15					
	5791	Standard	Brattøra	Bodø	Mon 19:00	Tue 07:50	Tue 19:00	Wed 07:50	Wed 19:00	Thu 07:50	Thu 19:00	Fri 07:50	Fri 19:00	Sat 07:50					
	5795	Standard	Brattøra	Bodø	Mon 23:30	Tue 20:15	Tue 23:30	Wed 20:15	Wed 23:30	Thu 20:15	Thu 23:30	Fri 20:15							
	5793	Standard	Brattøra	Bodø	Mon 15:45	Tue 05:00	Tue 15:45	Wed 05:00	Wed 15:45	Thu 05:00	Thu 15:45	Fri 05:00				Sat 13:30	Mon 05:00		
	5797	Standard	Brattøra	Bodø									Fri 23:30	Sat 20:15					
	5793	Standard	Brattøra	Mosjøen	Mon 15:45	Mon 23:10	Tue 15:45	Tue 23:10	Wed 15:45	Wed 23:10	Thu 15:45	Thu 23:10				Sat 13:30	Sun 23:10		
	5794	Standard	Bodø	Alnabru	Mon 21:30	Tue 20:15	Tue 21:30	Wed 20:15	Wed 21:30	Thu 20:15	Thu 21:30	Fri 20:15	Fri 21:30	Sun 06:00					
	5798	Standard	Bodø	Alnabru										Sat 17:00	Sun 15:00				
	5790	Standard	Bodø	Brattøra	Mon 08:00	Mon 22:30	Tue 08:45	Tue 22:30	Wed 08:45	Wed 22:30	Thu 08:45	Thu 22:30	Fri 08:45	Fri 22:30					
	5794	Standard	Bodø	Brattøra	Mon 21:30	Tue 10:40	Tue 21:30	Wed 10:40	Wed 21:30	Thu 10:40	Thu 21:30	Fri 10:40	Fri 21:30	Mon 01:00					
	5792	Standard	Bodø	Brattøra	Mon 13:30	Tue 06:30	Tue 13:30	Wed 06:30	Wed 13:30	Thu 06:30	Thu 13:30	Fri 06:30	Fri 13:30	Sat 06:30					
5792	Standard	Fauske	Brattøra	Mon 15:30	Tue 06:30	Tue 15:30	Wed 06:30	Wed 15:30	Thu 06:30	Thu 15:30	Fri 06:30	Fri 15:30	Sat 06:30						
5794	Standard	Fauske	Alnabru	Mon 22:15	Tue 20:15	Tue 22:15	Wed 20:15	Wed 22:15	Thu 20:15	Thu 22:15	Fri 20:15	Fri 22:15	Sun 06:00						
5798	Standard	Fauske	Alnabru										Sat 17:30	Sun 15:00					
5790	Standard	Fauske	Brattøra	Mon 09:30	Mon 22:30	Tue 09:30	Tue 22:30	Wed 09:30	Wed 22:30	Thu 09:30	Thu 22:30	Fri 09:30	Fri 22:30						
5792	Standard	Mo i Rana	Brattøra	Mon 20:30	Tue 06:30	Tue 20:30	Wed 06:30	Wed 20:30	Thu 06:30	Thu 20:30	Fri 06:30	Fri 20:30	Sat 06:30						
5794	Standard	Mo i Rana	Alnabru			Tue 01:00	Tue 20:15	Wed 01:00	Wed 20:15	Thu 01:00	Thu 20:15	Fri 01:00	Fri 20:15	Sat 01:00	Sun 06:00				
5790	Standard	Mo i Rana	Brattøra	Mon 13:00	Mon 22:30	Tue 13:00	Tue 22:30	Wed 13:00	Wed 22:30	Thu 13:00	Thu 22:30	Fri 13:00	Fri 22:30						
5792	Standard	Mosjøen	Brattøra	Mon 22:30	Tue 06:30	Tue 22:30	Wed 06:30	Wed 22:30	Thu 06:30	Thu 22:30	Fri 06:30	Fri 22:30	Sat 06:30						

Sørland	5801 Standard	Alnabru	Kristiansand	Mon 08:50	Mon 15:45	Tue 08:50	Tue 15:45	Wed 08:50	Wed 15:45	Thu 08:50	Thu 15:45							
	5805 Standard	Alnabru	Kristiansand	Mon 16:10	Mon 23:00	Tue 16:10	Tue 23:00	Wed 16:10	Wed 23:00	Thu 16:10	Thu 23:00	Fri 16:10	Fri 23:00					
	5821 Standard	Alnabru	Kristiansand													Sun 12:00	Mon 01:00	
	5801 Standard	Alnabru	Stavanger	Mon 08:50	Mon 19:00	Tue 08:50	Tue 19:00	Wed 08:50	Wed 19:00	Thu 08:50	Thu 19:00							
	5805 Standard	Alnabru	Stavanger	Mon 16:10	Tue 02:30	Tue 16:10	Wed 02:30	Wed 16:10	Thu 02:30	Thu 16:10	Fri 02:30	Fri 16:10	Sat 02:30					
	5811 Extra	Alnabru	Stavanger	Mon 20:00	Tue 06:00	Tue 20:00	Wed 06:00	Wed 20:00	Thu 06:00	Thu 20:00	Fri 06:00	Fri 20:00	Sat 06:00			Sun 12:00	Mon 06:00	
	5821 Standard	Alnabru	Stavanger													Sun 12:00	Mon 03:30	
	5804 Standard	Kristiansand	Alnabru	Mon 12:00	Mon 20:30	Tue 12:00	Tue 20:30	Wed 12:00	Wed 20:30	Thu 12:00	Thu 20:30	Fri 12:00	Fri 20:30					
	5806 Standard	Kristiansand	Alnabru	Mon 22:00	Tue 06:15	Tue 22:00	Wed 06:15	Wed 22:00	Thu 06:15	Thu 22:00	Fri 06:15							
	5802 Standard	Kristiansand	Alnabru															
	5814 Extra	Kristiansand	Alnabru										Fri 21:00	Sat 05:15				
	5814 Extra	Stavanger	Alnabru	Mon 17:30	Tue 05:15	Tue 17:30	Wed 05:15	Wed 17:30	Thu 05:15	Thu 17:30	Fri 05:15	Fri 17:30	Sat 05:15					
	5804 Standard	Stavanger	Alnabru	Mon 10:30	Mon 20:30	Tue 10:30	Tue 20:30	Wed 10:30	Wed 20:30	Thu 10:30	Thu 20:30	Fri 10:30	Fri 20:30					
	5806 Standard	Stavanger	Alnabru	Mon 19:45	Tue 06:30	Tue 19:45	Wed 06:30	Wed 19:45	Thu 06:30	Thu 19:45	Fri 06:30							
5802 Standard	Stavanger	Alnabru													Sat 09:45	Sun 06:00		
5820 Standard	Stavanger	Alnabru													Sat 10:00	Mon 05:00		
Bergen	5507 Standard	Alnabru	Bergen	Mon 12:00	Mon 00:15	Tue 12:00	Tue 00:15	Wed 12:00	Wed 00:15	Thu 12:00	Thu 00:15	Fri 12:00	Sat 00:15					*Prioritized units can be unloaded on Friday after 21:00 if agreed upon
	5509 Standard	Alnabru	Bergen	Mon 17:15	Tue 02:00	Tue 17:15	Wed 02:00	Wed 17:15	Thu 02:00	Thu 17:15	Fri 02:00	Fri 17:15	Sat 02:00					
	5511 Extra	Alnabru	Bergen	Mon 19:10	Tue 04:05	Tue 19:10	Wed 04:05	Wed 19:10	Thu 04:05	Thu 19:10	Fri 04:05							
	5515 Extra	Alnabru	Bergen	Mon 21:30	Tue 06:00	Tue 21:30	Wed 06:00	Wed 21:30	Thu 06:00	Thu 21:30	Fri 06:00	Fri 21:30	Sat 06:00					
	5523 Standard	Alnabru	Bergen													Sun 12:00	Mon 04:50	
	5527 Standard	Alnabru	Bergen													Sun 12:00	Mon 01:00	
	5506 Standard	Bergen	Alnabru	Mon 08:05	Mon 18:00	Tue 08:05	Tue 18:00	Wed 08:05	Wed 18:00	Thu 08:05	Thu 18:00	Fri 08:05	Fri 18:00					
	5508 Extra	Bergen	Alnabru	Mon 16:15	Tue 01:15	Tue 16:15	Wed 01:15	Wed 16:15	Thu 01:15	Thu 16:15	Fri 01:15	Fri 16:15	Sat 01:15					*Prioritized units can be unloaded on train arrival if agreed upon
	5510 Extra	Bergen	Alnabru	Mon 19:05	Tue 03:45	Tue 19:05	Wed 03:45	Wed 19:05	Thu 03:45	Thu 19:05	Fri 03:45	Fri 19:05	Sat 03:45					*Prioritized units can be unloaded on train arrival if agreed upon
	5512 Standard	Bergen	Alnabru	Mon 21:25	Tue 06:05	Tue 21:25	Wed 06:05	Wed 21:25	Thu 06:05	Thu 21:25	Fri 06:05							
	5520 Standard	Bergen	Alnabru													Sat 08:15	Sun 06:00	
5522 Standard	Bergen	Alnabru													Sat 11:00	Mon 05:00		
SRE	41971/73 Standard	Alnabru	Halmstad	Mon 17:00	Tue 07:00	Tue 17:00	Wed 07:00				Thu 17:00	Fri 07:00				Sun 12:00	Mon 07:00	
	41971/73 Standard	Alnabru	Malmö	Mon 17:00	Tue 07:00	Tue 17:00	Wed 07:00				Thu 17:00	Fri 07:00			Sat 12:00	Sun 10:00	Sun 12:00	Mon 06:00
	41971/73 Standard	Alnabru	Trelleborg	Mon 17:00	Tue 06:00	Tue 17:00	Wed 06:00				Thu 17:00	Fri 06:00			Sat 12:00	Sun 06:00	Sun 12:00	Mon 06:00
	41972/74 Standard	Trelleborg	Alnabru	Mon 18:00	Tue 07:30	Tue 18:00	Wed 07:30	Wed 18:00	Thu 07:30				Fri 18:00	Sat 07:30			Sun 18:00	Mon 07:30
	41972/74 Standard	Malmö	Alnabru	Mon 16:00	Tue 07:30	Tue 16:00	Wed 07:30	Wed 16:00	Thu 07:30				Fri 16:00	Sat 07:30			Sun 16:00	Mon 07:30
41972/74 Standard	Halmstad	Alnabru	Mon 17:00	Tue 07:30	Tue 17:00	Wed 07:30	Wed 17:00	Thu 07:30				Fri 15:30	Sat 07:30					
Brevik	5371 Standard	Alnabru	Tangenkai s.sp.	Mon 10:10	Mon 15:20													
	5372 Standard	Tangenkai s.sp.	Alnabru	Mon 19:00	Mon 23:30													
Gothenburg	41951 Standard	Alnabru	Arken Kombi					Tue 22:00	Wed 16:00									
	41952 Standard	Arken Kombi	Alnabru					Wed 19:30	Thu 05:00									