

**Loading and Unloading 2021**

Valid From 13.12.2021

UT= Unloading time      LT= Loading time

Relation Relation	Trainno.	Type	Relation		Mon		Tue		Wed		Thu		Fri		Sat		Sun		Note.
			From	To	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	LT	UT	
Narvik	41914	Standard	Alnabru	Kirunavaara	Mon 17:35	Tue 19:15	Tue 17:35	Wed 19:15	Wed 17:35	Thu 19:15	Thu 17:35	Fri 19:15	Fri 17:35	Sat 19:15					
	41914	Standard	Alnabru	Narvik	Mon 17:35	Tue 22:15	Tue 17:35	Wed 22:15	Wed 17:35	Thu 22:15	Thu 17:35	Fri 22:15	Fri 17:35	Sat 22:15					
	41902	Standard	Alnabru	Narvik	Mon 19:35	Wed 00:45	Tue 19:35	Thu 00:45	Wed 19:35	Fri 00:45	Thu 19:35	Sat 00:45	Fri 19:35	Sun 00:45					
	41932	Standard	Alnabru	Narvik											Sat 12:00	Sun 20:30			
	41919	Standard	Narvik	Alnabru	Mon 21:00	Wed 05:00	Tue 21:00	Thu 05:00	Wed 21:00	Fri 05:00	Thu 21:00	Sat 05:00			Sat 21:00	Mon 05:00			
	41919	Standard	Kirunavaara	Alnabru					Wed 01:45	Thu 05:00	Thu 01:45	Fri 05:00	Fri 01:45	Sat 05:00			Sun 01:45	Mon 05:00	
41905	Standard	Narvik	Alnabru	Mon 23:30	Wed 05:00	Tue 23:30	Thu 05:00	Wed 23:30	Fri 05:00	Thu 23:30	Sat 05:00	Fri 23:30	Sun 07:00						
ARE Seafood	41919	Standard	Narvik	Malmö									Fri 21:00	Sun 07:30				Unloading 10:00 for units without reloading	
	41919	Standard	Kirunavaara	Malmö										Sat 01:45	Sun 07:30			Unloading 10:00 for units without reloading	
	41922	Standard	Malmö	Alnabru											Sun 15:45	Mon 05:00			
Trondheim	5731	Standard	Alnabru	Brattøra	Mon 08:50	Mon 19:15	Tue 08:50	Tue 19:15	Wed 08:50	Wed 19:15	Thu 08:50	Thu 19:15	Fri 08:50	Fri 19:15					
	5703	Standard	Alnabru	Brattøra	Mon 19:20	Tue 06:00			Wed 19:20	Thu 06:00									
	5707	Standard	Alnabru	Heimdal	Mon 16:20	Tue 02:00	Tue 16:20	Wed 02:00	Wed 16:20	Thu 02:00	Thu 16:20	Fri 02:00							
	5707	Standard	Alnabru	Brattøra	Mon 16:20	Tue 06:00	Tue 16:20	Wed 06:00	Wed 16:20	Thu 06:00	Thu 16:20	Fri 06:00							
	5709	Extra	Alnabru	Heimdal	Mon 20:15	Tue 06:00	Tue 20:15	Wed 06:00	Wed 20:15	Thu 06:00	Thu 20:15	Fri 06:00	Fri 20:15	Sat 06:00					
	5711	Standard	Alnabru	Brattøra													Sun 09:50	Mon 06:00	
	5719	Standard	Alnabru	Heimdal													Sun 12:00	Mon 06:00	
	5719	Standard	Alnabru	Brattøra													Sun 12:00	Mon 06:45	
	5702	Standard	Brattøra	Alnabru	Mon 08:30	Mon 19:15	Tue 08:30	Tue 19:15	Wed 08:30	Wed 19:15	Thu 08:30	Thu 19:15	Fri 08:30	Fri 19:15					
	5702	Standard	Heimdal	Alnabru	Mon 07:00	Mon 19:15	Tue 02:00	Tue 19:15	Wed 02:00	Wed 19:15	Thu 02:00	Thu 19:15	Fri 02:00	Fri 19:15					
	5704	Standard	Brattøra	Alnabru			Tue 16:30	Wed 05:00			Thu 16:30	Fri 05:00							
	5730	Standard	Brattøra	Alnabru	Mon 22:00	Tue 08:45	Tue 22:00	Wed 08:45	Wed 22:00	Thu 08:45	Thu 22:00	Fri 08:45	Fri 22:00	Sat 08:45					
	5714	Standard	Brattøra	Alnabru													Fri 20:00	Mon 08:00	
	5708	Extra	Heimdal	Alnabru	Mon 20:20	Tue 05:30	Tue 20:20	Wed 05:30	Wed 20:20	Thu 05:30	Thu 20:20	Fri 05:30	Fri 20:20	Sat 06:15					
N o r d l a n d	5735	Standard	Alnabru	Mo i Rana	Mon 21:50	Tue 16:30	Tue 21:50	Wed 16:30	Wed 21:50	Thu 16:30	Thu 21:50	Fri 16:30							
	5737	Standard	Alnabru	Mo i Rana										Sat 12:00	Sun 16:30				
	5735	Standard	Alnabru	Fauske	Mon 21:50	Tue 19:30	Tue 21:50	Wed 19:30	Wed 21:50	Thu 19:30	Thu 21:50	Fri 19:30	Fri 21:50	Sat 19:30					
	5737	Standard	Alnabru	Fauske										Sat 12:00	Sun 19:15				
	5735	Standard	Alnabru	Bodø	Mon 21:50	Tue 20:15	Tue 21:50	Wed 20:15	Wed 21:50	Thu 20:15	Thu 21:50	Fri 20:15	Fri 21:50	Sat 20:15					
	5737	Standard	Alnabru	Bodø										Sat 12:00	Sun 20:15				
	5791	Standard	Brattøra	Mo i Rana	Mon 19:00	Tue 04:30	Tue 19:00	Wed 04:30	Wed 19:00	Thu 04:30	Thu 19:00	Fri 04:30	Fri 19:00	Sun 13:30					
	5793	Standard	Brattøra	Mo i Rana	Mon 15:45	Tue 00:45	Tue 15:45	Wed 00:45	Wed 15:45	Thu 00:45	Thu 15:45	Fri 00:45			Sat 13:30	Mon 00:45			
	5799	Standard	Brattøra	Mo i Rana										Fri 23:30	Sun 16:30				
	5791	Standard	Brattøra	Fauske	Mon 19:00	Tue 07:10	Tue 19:00	Wed 07:10	Wed 19:00	Thu 07:10	Thu 19:00	Fri 07:10	Fri 19:00	Sat 07:10					
	5793	Standard	Brattøra	Fauske	Mon 15:45	Tue 04:00	Tue 15:45	Wed 04:00	Wed 15:45	Thu 04:00	Thu 15:45	Fri 04:00			Sat 13:30	Mon 04:00			
	5797	Standard	Brattøra	Fauske										Fri 23:30	Sat 19:15				
	5791	Standard	Brattøra	Bodø	Mon 19:00	Tue 07:50	Tue 19:00	Wed 07:50	Wed 19:00	Thu 07:50	Thu 19:00	Fri 07:50	Fri 19:00	Sat 07:50					
	5793	Standard	Brattøra	Bodø	Mon 15:45	Tue 05:00	Tue 15:45	Wed 05:00	Wed 15:45	Thu 05:00	Thu 15:45	Fri 05:00			Sat 13:30	Mon 05:00			
	5797	Standard	Brattøra	Bodø										Fri 23:30	Sat 20:15				
	5793	Standard	Brattøra	Mosjøen	Mon 15:45	Mon 23:10	Tue 15:45	Tue 23:10	Wed 15:45	Wed 23:10	Thu 15:45	Thu 23:10					Sat 13:30	Sun 23:10	
	5794	Standard	Bodø	Alnabru	Mon 21:30	Tue 20:15	Tue 21:30	Wed 20:15	Wed 21:30	Thu 20:15	Thu 21:30	Fri 20:15	Fri 21:30	Sun 06:00					
	5798	Standard	Bodø	Alnabru										Sat 17:00	Sun 15:00				
	5790	Standard	Bodø	Brattøra	Mon 08:00	Mon 22:30	Tue 08:45	Tue 22:30	Wed 08:45	Wed 22:30	Thu 08:45	Thu 22:30	Fri 08:45	Fri 22:30					
	5792	Standard	Bodø	Brattøra	Mon 13:30	Tue 06:30	Tue 13:30	Wed 06:30	Wed 13:30	Thu 06:30	Thu 13:30	Fri 06:30	Fri 13:30	Sat 06:30					
	5792	Standard	Fauske	Brattøra	Mon 15:30	Tue 06:30	Tue 15:30	Wed 06:30	Wed 15:30	Thu 06:30	Thu 15:30	Fri 06:30	Fri 15:30	Sat 06:30					
	5794	Standard	Fauske	Alnabru	Mon 22:15	Tue 20:15	Tue 22:15	Wed 20:15	Wed 22:15	Thu 20:15	Thu 22:15	Fri 20:15	Fri 22:15	Sun 06:00					
	5798	Standard	Fauske	Alnabru										Sat 17:30	Sun 15:00				
5790	Standard	Fauske	Brattøra	Mon 09:30	Mon 22:30	Tue 09:30	Tue 22:30	Wed 09:30	Wed 22:30	Thu 09:30	Thu 22:30	Fri 09:30	Fri 22:30						
5792	Standard	Mo i Rana	Brattøra	Mon 20:30	Tue 06:30	Tue 20:30	Wed 06:30	Wed 20:30	Thu 06:30	Thu 20:30	Fri 06:30	Fri 20:30	Sat 06:30						
5794	Standard	Mo i Rana	Alnabru			Tue 01:00	Tue 20:15	Wed 01:00	Wed 20:15	Thu 01:00	Thu 20:15	Fri 01:00	Fri 20:15	Sat 01:00	Sun 06:00				
5790	Standard	Mo i Rana	Brattøra	Mon 13:00	Mon 22:30	Tue 13:00	Tue 22:30	Wed 13:00	Wed 22:30	Thu 13:00	Thu 22:30	Fri 13:00	Fri 22:30						
5792	Standard	Mosjøen	Brattøra	Mon 22:30	Tue 06:30	Tue 22:30	Wed 06:30	Wed 22:30	Thu 06:30	Thu 22:30	Fri 06:30	Fri 22:30	Sat 06:30						

